

Carer Support Assessment

Name: _____

Caring for a loved one can be stressful. If you wish to complete this questionnaire it will give us guidance on how we can best support you. Please talk with the nurse once you have completed it.

Do you need more support with...				
understanding your relative's illness?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
having time for yourself in the day?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
managing your relative's symptoms, including medicines?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
your financial, legal or work issues?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
providing personal care for your relative (eg. dressing, washing, toileting)?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
dealing with your feelings and worries?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
knowing who to contact if you are concerned about your relative (for a range of needs including at night)?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
looking after your own health (physical problems)?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
equipment to help care for your relative?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
your beliefs or spiritual concerns?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
talking with your relative about his or her illness?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
practical help at home?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
knowing what to expect in the future when caring for your relative?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
getting a break from caring overnight?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much
anything else (please write in)?	<input type="radio"/> No	<input type="radio"/> Little	<input type="radio"/> Quite a bit	<input type="radio"/> Very much

