### **Specialist Palliative Care Unit**

The Hospice Inpatient Unit is a ten-bed facility. A number of rooms have access to outside areas and all have en suites, TV and radio. There are two lounge areas with kitchenette facilities available for family and visitors.

#### Reasons for admission

- Symptom Management
- Respite Care
- End-of-Life Care

## **Care in the Rural Community**

Wakefield, Motueka, Golden Bay and Murchison

Each rural area has dedicated District Nurses who are experienced in Palliative Care, and will liaise with patients and their families. The nurses will visit, assess and care for patients in their own homes.

The District Nurses are part of the Nelson Tasman Hospice multi-disciplinary team who maintains a close working relationship with other health professionals involved in the patients care.

The District Nurses will advise you of the after hour services available in your area.

#### NELSON TASMAN HOSPICE

A 331 Suffolk Rd, Stoke (P O Box 283) Nelson P (03) 546 3950 | F (03) 5456 3951 W www.nelsonhospice.org.nz

# Hospice and Palliative Care

Hospice affirms life - living every moment





## How we can help



#### **Hospice Philosophy**

Hospice affirms life. Hospice is the holistic care of people who have reached a stage in their illness where the focus of treatment is on comfort and quality of life.

Hospice recognises dying as a normal process and neither hastens nor postpones death. Hospice integrates the physical, social, emotional and spiritual aspects of care that support the dying person and their family and carers.

Hospice recognises grief as a normal response to loss and offers support to family and carers during the person's illness and their bereavement.

### Who is the service for?

Nelson Tasman Hospice services are for those with any advanced, progressive and life-limiting illness.

# How can this service be accessed?

Health professionals may refer patients when the complexity of the illness is such that specialist assistance is needed to achieve control of symptoms and provide social, psychological and spiritual support to the patient and family. People may also self-refer, though we would request permission to confirm diagnosis with their General Practitioner or Specialist.

# Do you have to pay for hospice Care?

Nelson Tasman Hospice services are provided at no charge to patients and their families.

Occasionally there may be a charge for certain medicines that are not funded. We will always discuss likely costs if applicable in advance.

We do not meet the cost of ambulance transfer from other facilities but will meet the cost from the Hospice Inpatient Unit to home, Aged Care Facility or Hospital (within the Nelson Tasman region). **Community Palliative Care -**Nelson/Richmond

Nelson/Richmond is divided into four geographical areas:

- Stoke East,
- Stoke West,
- Richmond
- Nelson/Atawhai

Each area has a Care Coordinator (Specialist Palliative Care Nurse) who will liaise with the patient, their family and carers, General Practitioner and hospice multi-disciplinary team. They will visit, assess and care for the patient in their own home.

The Care Coordinator is part of a multi-disciplinary team that includes the patient's General Practitioner, Hospice Medical Officer, Specialist, Social Worker, Volunteer Coordinator and Chaplain/Counsellor.

There is a 24-hour on-call telephone service (03 5463 950) and, if needed, a nurse will visit at any time of day or night.

### Atawhaitia, Manaakitia Mō Ake Tonu - To Care Always