



2024

Palliative Care Education Programme





Light refreshments are available for purchase onsite at our Manuka Café in the main reception.
Monday to Friday 0900 – 1300 hrs. Days & hours may differ.



Vision and Mission Statement

Our Vision

To Care Always - Atawhaitia, Manaakitia Mō Ake Tonu

All people in the Nelson Tasman community have access to high quality compassionate palliative care.

Our Mission Statement

To assist patients to make the most of the life that remains and to ensure that patients die comfortably, with dignity and in the place of their choice. To provide support and care for the family and close friends during the patient's illness and in bereavement.

We express our mission statement through these values.

Respect & Dignity

Te Whakaaro nui ki te Tangata, te Hāpai i tōna Mana

Advocacy

Te Tū hei Kaikōkiri, hei Māngai mō te Iti me te Rahi

Compassion

Te Ngākau Aroha, te Ngākau Atawhai

Quality

Kia Tuawhiti Tonu

Trust

Te Whakapono

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Welcome

Nelson Tasman Hospice is a specialist palliative care service. The education team offers a wide range of learning opportunities for health professionals, community health and support workers. Our education focuses on support of primary palliative care providers.

Our aim is to provide and promote evidence-based practices through education to enhance knowledge and provide the skills to ensure that quality palliative care is accessible across Nelson Tasman to meet the needs of patients/clients and their family /whānau, regardless of the care setting. Education is provided in a supportive learning environment and includes certified Hospice NZ programmes that have been developed to ensure nationwide consistency in palliative care education. The education activities and methods we use provide an opportunity for exploratory and collaborative learning. We encourage participation, interaction and knowledge sharing from participants. Registration for our educational courses is online.



Nelson Tasman Hospice Education Team
L – R
Chris Dunn Nurse Educator
Barb Thomas Education Administrator
Annie Wallace Nurse Educator

Working in partnership with you

As a specialist palliative care service, we welcome the opportunity to work with our stakeholders to assist in building knowledge and competence in palliative care.

Contact details - Nelson Tasman Hospice Education Team

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P: PO Box 283, Nelson 7040

P: (03) 546 3950

W: www.nelsonhospice.org.nz

W: [Education - Nelson Tasman Hospice \(nelsonhospice.org.nz\)](http://www.nelsonhospice.org.nz/education)

Registrations: Our education courses are online via Eventbrite or as advertised in the education workshop promotional flyer. <https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050>

Photo credit front page Tim Cuff.

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FUJIFILM

Atawhaitia, Manaakitia Mō Ake Tonu ~ To Care Always

Palliative Care Consult Services

Hospital Liaison and Aged Residential Care



New Zealanders are living longer, and our population is aging which presents many challenges to the healthcare sectors. Population projections show that while there are currently about 842,000 people aged 65 or over, this number will continue to increase over the next 50 years. This equates to approx. 80 people per day. The number of people in these older ages is estimated to reach 1.3 million around 2040, and 1.5 million by the 2050s (Statistics New Zealand, 2022).

A dedicated palliative care interdisciplinary team (IDT), work alongside staff at Te Whatu Ora Nelson Marlborough and in Aged Residential Care (ARC) to provide a consultancy service to support the delivery of specialist palliative care, for all inpatients and residents.

The Education Team can support the IDT by providing opportunities for palliative care education to build knowledge, to enhance skills and confidence for those providing care to persons with a life limiting illness.

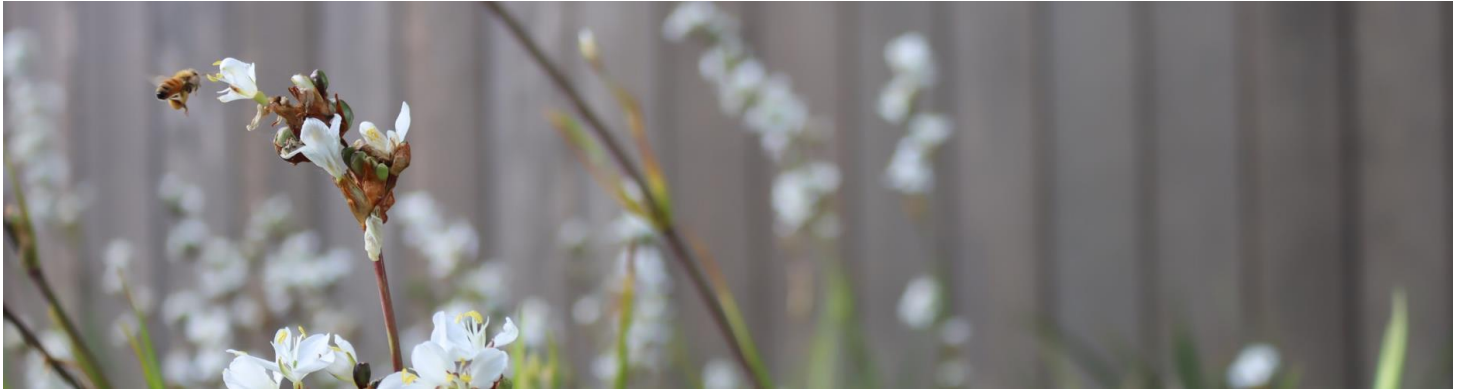
References:

Ministry of Health (MOH) Palliative Care Advisory Panel. (2016). Need for Palliative Care in New Zealand. MOH, Wellington, New Zealand. <https://nzaca.org.nz/wp-content/uploads/2020/06/Need-for-Palliative-Care-in-NZ-vMOH-PCAP-June-2016.pdf>

Statistics New Zealand. (2022). One million people aged 65+ by 2028. Wellington, New Zealand. <https://www.stats.govt.nz/news/one-million-people-aged-65-by-2028/>

Community Engagement

Building Compassionate Communities



While compassionate communities are diverse and locally responsive, the fundamental underpinnings remain common. Compassionate communities involve the activation of community members to care for each other. Compassionate communities draw on community strengths, resources, and understanding about death and dying to provide care and support to those nearing the end of life.

Nelson Tasman Hospice is dedicated to working with a diverse range of communities. Building compassionate communities and social networks that assists patients and families/whānau to care for their loved ones in a variety of settings, in the hospice, in hospital in aged residential care (ARC) or at home.

We provide palliative care and end of life education to health professionals and community workers and are keen to engage with grassroots communities to demystify death and dying.

Our education team with the support of our volunteer and interdisciplinary teams can work with you to facilitate conversations, co design workshops or seminars, to meet your needs using a range of approaches.

Syringe Driver Workshops for Registered Nurses, EN's, Aged Residential Care & District Nurses

The programme assists **Registered Nurses (RNs) and Enrolled Nurses (ENs) working in Aged Residential Care (ARC) and District Nursing (DNs)** to obtain the skills and knowledge required to manage a syringe driver in their work setting. A pre programme workbook will be emailed to participants prior to the workshop.

Workshops are facilitated on site at Nelson Tasman Hospice or as advertised off site.

Target audience:	Registered Nurses & Enrolled Nurses working in Aged Residential Care, and District Nursing
Dates:	As noted in the education programme
Duration:	2 hrs.
Maximum attendees:	10. Registration is essential
Register:	Via Eventbrite <i>or</i> as advertised in the education workshop promotional flyer. https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050

* Motueka venues will be advised with the education promotional flyer.



Dates:	Time	Target Audience	Venue
Friday 9 February	1000 - 1200	ARC/DN/EN	Hospice
Tuesday 12 March	1300 - 1500	ARC/DN/EN	Hospice
Thursday 18 April	1300 - 1500	ARC/DN/EN	Hospice
Thursday 16 May	1000 - 1200	ARC/DN/EN	Hospice
Friday 7 June	1000 - 1200	ARC/DN/EN	Hospice
Thursday 18 July	1000 - 1200	ARC/DN/EN	Hospice
Wednesday 21 August	1300 - 1500	ARC/DN/EN	Motueka
Tuesday 17 September	1000 - 1200	ARC/DN/EN	Hospice
Tuesday 15 October	1300 - 1500	ARC/DN/EN	Hospice
Wednesday 27 November	1000 - 1200	ARC/DN/EN	Hospice
Wednesday 4 December	1300 - 1500	ARC/DN/EN	Motueka

Syringe Driver Workshops Te Whatu Ora Health Nelson Marlborough for Registered (RN) and Enrolled (EN) Nurses

Te Whatu Ora Nelson Marlborough have their own syringe driver competency assessment that is offered onsite.

The syringe driver workshops provide the knowledge and practical skills required to manage a syringe driver in the practice setting and a knowledge of medicines for end of life symptom management.

Target audience:	Te Whatu Ora Health Nelson Marlborough Nurses RN & EN
Dates:	As advertised
Duration:	1.5 hrs.
Cost:	No charge
Maximum attendees:	10. Registration is essential
Venue:	Te Whatu Ora Medical Unit Seminar Room, Franklyn Street, Nelson
Register online:	Via Eventbrite or as advertised in the education workshop promotional flyer. https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050



Dates:	Time	Target Audience	Venue
Thursday 15 February	1300 - 1430	Te Whatu Ora Health Nelson Marlborough RN/EN	Medical Unit Seminar Room
Thursday 13 June	1230 - 1400	Te Whatu Ora Health Nelson Marlborough RN/EN	Medical Unit Seminar Room
Thursday 14 November	1300 - 1430	Te Whatu Ora Health Nelson Marlborough RN/EN	Medical Unit Seminar Room

Fundamentals of Palliative Care Programme



Introduction to the *Ngā Tūāpapa o te Pairuri Tāngata* **Fundamentals of Palliative Care** programme

This pack provides information to set you up before you get started, including what is covered in the programme, how to sign up, what you need to do to complete the programme and where to go for support.

About the Knowledge Hub

Knowledge Hub is brought to you by Te Kahu Pairuri o Aotearoa Hospice New Zealand. Its aim is to provide health professionals and carers with education and resources to enable the provision of skilled and competent palliative care.

About the Fundamentals of Palliative Care Programme

The Fundamentals programme will give you an overview of how to care for people with palliative care needs in your role as a healthcare worker. Being educated about palliative care will help you improve the assessment and outcomes for people in your care, their family and whānau, as well as yourself and other healthcare workers.

There are four topics:

Essence

Essence focuses on what palliative care is, who is involved and cultural considerations. It will help you understand the essence and principles of palliative care and what you need to be prepared for when caring for people in New Zealand at the end of life.

The palliative care approach

This topic focuses on the palliative care approach and how understanding ethics, communication and spirituality can help you improve as a healthcare worker and support those receiving care.

Managing pain and long-term illness

Managing pain and long-term illness is split into two subtopics: In Pain, other symptoms and pharmacology, you will learn the basics of pharmacology, and how you can recognise pain and help people and their family and whānau through it. In Chronic illness and dementia, you will learn how to recognise chronic illness and dementia, the challenges that people diagnosed with these face, and how you can support them.

Care and support at the end of life

Care and support at the end of life is about last days of life, loss, and grief, with a focus on how to care for everyone and support people in care and their family/whānau.



Fundamentals of Palliative Care Programme *(Continued)*

This is how these topics are broken down across the programme:

ONLINE LEARNING

Essence

Palliative care concepts and culture of care

The **online learning** will provide you with the fundamental information and skills for each topic. This includes questions, case studies and reflection activities to help you apply the learning to your own practice.

ONLINE LEARNING

The palliative care approach

Communication, ethics and spirituality

Managing pain and long-term illness

Pain, other symptoms and pharmacology
Chronic illness and dementia

Care and support at the end of life

Last days of life, grief, loss and caring for ourselves

WORKSHOPS

The palliative care approach

Managing pain and long-term illness

Care and support at the end of life

Evaluation

For most topics, you will have the chance to apply what you have learnt online in **one** face-to-face **workshop**. (See below how to register)

You will take a deeper look and get the chance to collaborate with other healthcare workers.

Completing the programme

You need to complete each online learning and workshop component to complete the full programme. Start with Essence, then complete the other topics in any order.

Once you have completed a topic, you will receive a certificate from Knowledge Hub to recognise your achievement.

How to register for online learning

Follow this link knowledgehub.hospice.org.nz to register and enrol.

How to register for workshops

When you have completed the online learning, you can make a booking for a workshop with your local Hospice (Nelson Tasman Hospice) via email at: education@nelsonhospice.org.nz or phone (03) 546 3950

Where to go for support

Your local Hospice Education Administrator can help you register for and access the online learning as well as register for a Fundamentals Workshop.

If you have technical issues using the website or you are an organisation requiring support, email education@nelsonhospice.org.nz

Hospice New Zealand Palliative Care Lecture Series

Hospice New Zealand offers a webinar-based education opportunity, designed for healthcare providers with an interest in palliative care.

Hospice New Zealand is working in partnership with Mobile Health Hub to deliver presentations via webinar on the **first Thursday of every month 7.30 to 8.30am**, starting in **February** through to **December**.

The palliative care lecture series can easily be accessed by individuals via a smartphone, tablet or computer with an internet connection.

Register for the webinar via Hospice New Zealand website <https://www.hospice.org.nz/education-training/palliative-care-lecture-series/> or click this [link](#) and open the flyer to find the advertised session.

Following registration, you will receive an email confirming your registration and link to join the session. Certificates will be sent electronically by Mobile Health Hub to everyone who has registered and completed the feedback form (evaluation).

Target audience:	Health Care Professionals and Support Workers
Dates:	First Thursday of every month from February to December
Time:	0730 – 0830 hrs.
Cost:	No charge
Registration is essential:	Register on the Hospice New Zealand website https://www.hospice.org.nz/education-training/palliative-care-lecture-series/

You can access previous palliative care lectures on the [Hospice New Zealand website](https://www.hospice.org.nz/education-training/palliative-care-lecture-series/) or [click here](#)

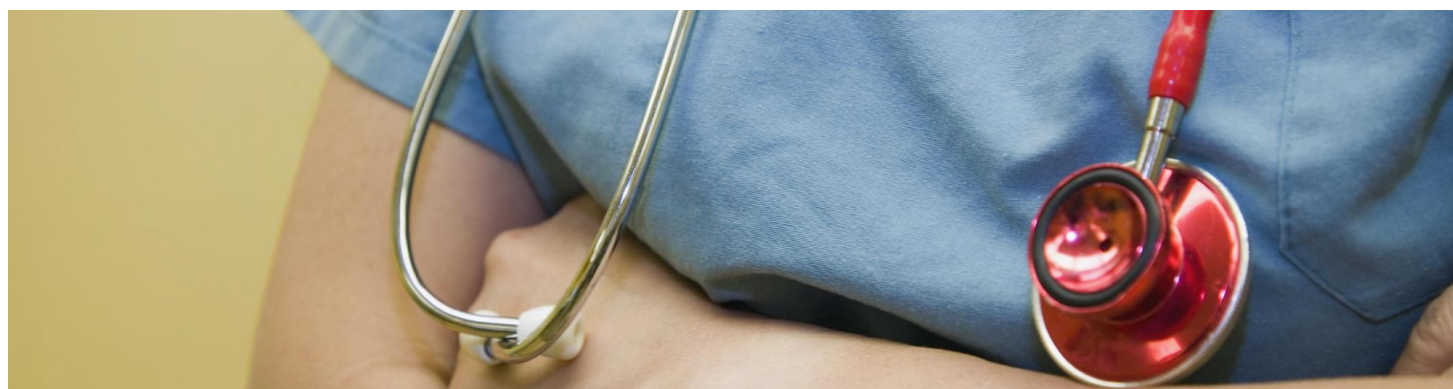


Hospice New Zealand Palliative Care Lecture Series Programme 2024



Date/Time	Presentation	Presenters
7:30-8:30am		
Lecture 1 1 Feb 2024	Dying well in old age: Integration of Gerontology and Palliative Care in Residential Aged Care	Dr Michal Boyd <i>Senior Lecturer, School of Nursing @ University of Auckland & Nurse Practitioner</i>
Lecture 2 7 March 2024	PCARN (Palliative Care Aotearoa Research Network): Working together to create a positive and inclusive culture of Palliative Care research in Aotearoa	Cheryl Davies <i>Co-chair PCARN, Senior Māori Researcher @ Univeristy of Otago</i>
Lecture 3 4 April 2024	Advanced Care Planning in the pursuit of health equity for Māori	Maarie Hutana <i>Māori Engagement Manager @ Te Tahu Hauora (Health Quality & Safety Commission)</i>
Lecture 4 2 May 2024	Social Workers' stories: Journeys into Palliative Care, Mobilising and Sustaining Practice	Ruth Lee Choi <i>Professional Teaching Fellow, Faculty of Medical and Health Sciences, University of Auckland. Social Worker, Hospice West Auckland</i>
Lecture 5 6 June 2024	Palliative Care for Stroke Patients	Professor Brian Le <i>Director of Palliative Care @ Peter MacCallum Cancer Centre, Victoria, Australia</i>
Lecture 6 4 July 2024	Public Health/Compassionate Communities approaches to Palliative Care	Professor Allan Kellehear <i>Chair, University of Northumberland</i>
Lecture 7 1 August 2024	The role that Paramedics play in Palliative Care	Fraser Watson <i>Extended Care Paramedic Clinical Lead @ Hato Hone St John</i>
Lecture 8 5 September 2024	Palliative Care in Renal Failure	Dr Frank Patrick Brennan <i>Palliative Care Physician @ St George, Sutherland and Calvary Hospitals, Australia</i>
Lecture 9 3 October 2024	Medicinal Cannabis in Aotearoa	Guest Speaker <i>TBA</i>
Lecture 10 7 November 2024	Eye Tissue Donation	Guest Speaker <i>TBA</i>
Lecture 11 5 December 2024	Medico – Legal Considerations at the End of Life	Judge Philip Recordon <i>Retired District Court Judge</i>

Clinical Skills Series in Palliative Care



This series aims to provide education that will refresh or upskill all health care providers supporting persons with palliative care needs. The education sessions provide learning which maintains and enhances participants' palliative care knowledge, skills, and practice.

- Target audience:** Health Care Professionals and Support Workers as advertised
- Cost:** No charge
- Limited attendees:** Registration is essential
- Venue:** Nelson Tasman Hospice, 331 Suffolk Road, Stoke, Nelson
- Register online:** Via Eventbrite or as advertised in the education workshop promotional flyer.
<https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050>

	Date:	Topic:	Time:
1	Tuesday 13 February	Pain Management	1600 – 1715 hrs.
2	Thursday 21 March	Breathlessness	1600 - 1715 hrs.
3	Wednesday 17 April	Managing Palliative Care Triage	1600 - 1715 hrs.
4	Tuesday 21 May	Supporting People to do their Advance Care Planning	1600 - 1715 hrs.
5	Wednesday 19 June	Mauri Mate: Māori Palliative Care Framework	1600 - 1715 hrs.
6	Wednesday 24 July	Meeting the Needs of Māori in Palliative Care	1600 - 1715 hrs.
7	Tuesday 13 August	Effective Communication for Carers	1600 - 1715 hrs.
8	Tuesday 24 September	Communicating Effectively in Palliative Care	1600 - 1715 hrs.
9	Wednesday 23 October	Diversity and Equity	1600 - 1715 hrs.
10	Wednesday 20 November	Meeting Palliative Care Needs in Rural Communities	1600 – 1715 hrs.

Palliative Care for Caregivers

This workshop has been designed for Health Care Assistants & Support Workers working in Aged Residential Care or the community to improve their knowledge and understanding of palliative care. The education is endorsed by Hospice New Zealand. Participants must attend all four sessions to gain the Hospice New Zealand palliative care certificate.

* This programme is not suitable for family members/ whānau looking after relatives or friends in a community setting.

Topics covered include:

- Principles of palliative care
- Managing physical symptoms
- Care in the last days of life
- Communication
- Understanding loss and grief
- Spirituality and self-care



Target audience: Health Care Assistants (HCA's), Support Workers and Caregivers

Dates & times: As below (Attendees must attend **all four sessions** to gain HNZ certificate)

Cost: No charge

Limited attendees: Registration is essential

Register online: Via Eventbrite or as advertised in the education workshop promotional flyer.
<https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050>

Date:	Session 1	Time	Date:	Session 2	Time
Friday 16 February	Day 1 of 4	1000 - 1200 hrs.	Friday 2 August	Day 1 of 4	1000 - 1200 hrs.
Friday 23 February	Day 2 of 4	1000 - 1200 hrs.	Friday 9 August	Day 2 of 4	1000 - 1200 hrs.
Friday 1 March	Day 3 of 4	1000 - 1200 hrs.	Friday 16 August	Day 3 of 4	1000 - 1200 hrs.
Friday 8 March	Day 4 of 4	1000 - 1200 hrs.	Friday 23 August	Day 4 of 4	1000 - 1200 hrs.

Date:	Session 3	Time	Date:	Session 4	Time
Thursday 6 June	Day 1 of 4	1300 - 1500 hrs.	Tuesday 5 November	Day 1 of 4	1000 - 1200 hrs.
Thursday 13 June	Day 2 of 4	1300 - 1500 hrs.	Tuesday 12 November	Day 2 of 4	1000 - 1200 hrs.
Thursday 20 June	Day 3 of 4	1300 - 1500 hrs.	Tuesday 19 November	Day 3 of 4	1000 - 1200 hrs.
Thursday 27 June	Day 4 of 4	1300 - 1500 hrs.	Tuesday 26 November	Day 4 of 4	1000 - 1200 hrs.

Effective Administrators



A forum for people working in health care in an administrative role that includes interacting with people that have a life limiting illness, been affected by loss, death, and / or grief, to learn new skills in managing difficult conversations, and behaviours as well as strategies for self care.

This forum will explore:

- Communication skills
- Managing difficult conversations and building resilience
- Managing change
- Understanding the grieving process
- Self-care

Target audience: Administrators, Receptionists, Unit Administrators in healthcare settings i.e., those with public facing roles,

Date: 22 February 2024

Time: 0900 - 1500

Cost: \$80.00 (incl. GST per person) BYO lunch

Limited attendees: Registration is essential

Register online: Via Eventbrite *or* as advertised in the education workshop promotional flyer.
<https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050>

Supporting Psychological Needs in Palliative care



Identifying, treating, and managing the psychological needs of patients and their family/ whānau is a key element in the provision of palliative care.

The accurate diagnosis and treatment of psychological symptoms can help patients and their family/ whānau engage more meaningfully in their lives, including participating in decision making about their care.

This forum will explore:

- Developing an understanding of a basic theory of human psychology (Maslow's Hierarchy of needs)
- Models - Cognitive Behavioural Model/Stress Appraisal and Coping Model of psychological distress in those with life limiting illnesses
- Identify types of psychological distress when faced with a life limiting illness - Grief and loss, rumination (Generalised Anxiety Disorder), Panic Disorder, Depression, PTSD/Trauma, exacerbation of pre-existing mental health needs (Bipolar, Psychosis)
- Exploring methods of supporting the psychological needs of patients and carers using an evidenced based approach – CBT, ACT, Trauma Informed Care
- Case study application.

Target audience: Health Care Providers

Date: 7 March 2024

Time: 0900 - 1500

Cost: \$80.00 (incl. GST per person) BYO lunch

Limited attendees: Registration is essential

Register online: Via Eventbrite or as advertised in the education workshop promotional flyer.
<https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050>

The Power of Communication in Palliative Care



This workshop will provide participants with knowledge and skills to manage challenging and serious illness conversations.

Objectives: At the end of the workshop participants will:

- Understand key aspects of effective communication.
- Identify barriers to effective communication.
- Recognise challenging situations that require skilled communication technique.
- Identify elements for effective navigation of challenging conversations
- Be familiar with the Serious Conversation Illness Guide

Target audience: Health Care Providers

Date: Wednesday 10 April 2024

Time: 0900 - 1500

Cost: \$80.00 (incl. GST per person) BYO lunch

Limited attendees: Registration is essential

Register online: Via Eventbrite or as advertised in the education workshop promotional flyer.
<https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050>

Palliative Care for Rural District Nurses



These workshops provide an opportunity for Rural District Nurses to explore challenges to discuss situations and expand knowledge of palliative care in rural context.

Target audience:	Rural District Nurses
Dates:	Wednesday 8 May 2024 Wednesday 9 October 2024
Times:	1230 - 1630 hrs.
Cost:	No charge
Register:	Nelson Tasman Hospice Education Team education@nelsonhospice.org.nz
Venue:	Motueka District Nurse Office,.

Dying to Know About Dying Matters



Planning for Death: Helpful information that Family/Whānau need to know.

This forum is for the general public (Non-Health Professionals) who want to be informed about end of life. We plan for a birth, but often do not think about or plan for our death. This is an opportunity to learn about death and dying in a safe and supported environment.

This forum will explore:

- Why is it hard to talk about death and dying?
- What to expect when someone is dying
- Supports available
- Advance Care Planning

Target audience: General Public – (This workshop is not suitable for Health Professionals)

Date: Tuesday 18 June 2024

Time: 0900 - 1230

Cost: No Charge

Limited attendees: Registration is essential

Register online: Via Eventbrite *or* as advertised in the education workshop promotional flyer.
<https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050>

Supporting Carer Needs in Palliative Care



Most people living with a life limiting will need the assistance of a non-professional carer such as a family member, friend, or neighbour to provide physical, emotional, and practical caring supports. A significant portion of these support people can feel overwhelmed, isolated and experience psychological and/or financial distress. Carers do have unmet needs, information changes throughout the illness journey.

Palliative care recognises the needs of carers/support people is as important as those of the person living with a life limiting illness.

Health care providers need to have the knowledge and skills to provide practical information to assist the carer/support person to meet the holistic needs of their loved one, in the last months/weeks/days of life, and to instil confidence and knowledge so they know what to expect.

This forum will explore:

- What does the research say about carer needs?
- How to support caregiver resilience
- Supporting emotional and psychological needs
- What local resources are available to support financial and social needs?

How to educate carers about:

- Holistic symptom management-pharmacological and non-pharmacological
- Mobilisation, position and nutrition
- Understanding the dying process

Target audience: Health Care Professionals in all settings

Date: Thursday 19 September 2024

Time: 0900 - 1500

Cost: \$80.00 (incl. GST per person) BYO lunch

Limited attendees: Registration is essential

Register online: Via Eventbrite or as advertised in the education workshop promotional flyer.
<https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050>

Supporting Rural Communities in Palliative Care



It is well recognised there is inconsistent provision of palliative and end-of-life care across New Zealand, particularly in rural and remote areas. Palliative care improves quality of life and the experience of dying, and all people should have equitable access to quality needs-based care as they approach and reach the end of their lives. A palliative approach to care is crucial in rural New Zealand where there is a reliance for such care on generalist providers amid the challenges of a limited workforce, poorer access, and vast geography.

Providing palliative care (PC) in rural settings is challenging due to limitations on training, staff, resources, and funding. Rural populations tend to be older, have higher mortality, more likely to suffer from a chronic condition, physical disability and be of lower socioeconomic status than those in urban areas.

This forum will explore:

- What does the research say about the palliative care needs of those in rural settings?
- What are the challenges of palliative care provision in palliative care?
- What are the strengths of rural communities and building a compassionate community?
- Models and guidance for how best to provide PC in rural settings
- How to communicate effectively with rural communities
- How to provide practical carer support with limited resources

Target audience: Palliative Care Providers in Rural Communities

Date: Tuesday 29 October 2024

Time: 0900 - 1500

Cost: \$80.00 (incl. GST per person) BYO Lunch

Limited attendees: Registration is essential

Register online: Via Eventbrite *or* as advertised in the education workshop promotional flyer.
<https://www.eventbrite.co.nz/o/education-team-nelson-tasman-hospice-15878527050>

Calendar 2024

January	Workshop	Time	Target Audience	Cost (incl. GST)
No Workshops				
February				
Thursday 1	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge
Friday 9	ARC Syringe Driver	1000 - 1200	RNs/DNs/ARC/ENs	
Tuesday 13	Clinical Skills: Pain Management	1600 - 1715	Health Care Professionals & Support Workers	No charge
Thursday 15	Te Whatu Ora Syringe driver	1300 - 1430	Te Whatu Ora NZ Nelson Marlborough Nurses	No charge
Friday 16	Palliative Care for Caregivers Day 1 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
Thursday 22	Effective Administrators	0900 - 1500	Administrators, Receptionists, Unit Administrators in healthcare settings i.e., those with public facing roles,	\$80
Friday 23	Palliative Care for Caregivers Day 2 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
March				
Friday 1	Palliative Care for Caregivers Day 3 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
Thursday 7	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge
Friday 8	Palliative Care for Caregivers Day 4 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
Wednesday 7	Supporting Psychological Needs in Palliative Care	0900 - 1500	Health Care Providers	\$80
Tuesday 12	ARC Syringe Driver	1300 - 1500	RNs/DNs/ARC/ENs	
Thursday 21	Clinical Skills: Breathlessness	1600 - 1715	Health Care Professionals & Support Workers	No charge
April				
Thursday 4	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge
Wednesday 10	The Power of Communication in Palliative Care	0900 - 1500	Health Care Providers	\$80
Wednesday 17	Clinical Skills: Managing Palliative Care Triage	1600 - 1715	Health Care Professionals & Support Workers	No charge
Thursday 18	ARC Syringe Driver	1300 - 1500	RNs/DNs/ARC/ENs	
May				
Thursday 2	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge

Calendar 2024

May (Continued)	Workshop	Time	Target Audience	Cost (incl. GST)
Wednesday 8	Rural District Nurses	1230 - 1630	Rural District Nurses	No charge
Thursday 16	ARC Syringe Driver	1000 - 1200	RNs/DNs/ARC/ENs	
Tuesday 21	Clinical Skills: Supporting People to do their Advance Care Planning	1600 - 1715	Health Care Professionals & Support Workers	No charge
June				
Thursday 6	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge
Thursday 6	Palliative Care for Caregivers Day 1 of 4	1300 - 1500	Health Care Assistants, Support Workers & Caregivers	No charge
Friday 7	ARC Syringe Driver	1000 - 1200	RNs/DNs/ARC/ENs	
Thursday 13	Palliative Care for Caregivers Day 2 of 4	1300 - 1500	Health Care Assistants, Support Workers & Caregivers	No charge
Thursday 13	Te Whatu Ora Syringe driver	1230 - 1400	Te Whatu Ora NZ Nelson Marlborough Nurses	No charge
Thursday 20	Palliative Care for Caregivers Day 3 of 4	1300 - 1500	Health Care Assistants, Support Workers & Caregivers	No charge
Tuesday 18	Dying to Know about Dying Matters:	0900 - 1230	Public – Non Health Professionals	No charge
Wednesday 19	Clinical Skills: Mauri Mate: Māori Palliative Care Framework	1600 - 1715	Health Care Professionals & Support Workers	No charge
Thursday 27	Palliative Care for Caregivers Day 4 of 4	1300 - 1500	Health Care Assistants, Support Workers & Caregivers	No charge
July				
Thursday 4	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge
Thursday 18	ARC Syringe Driver	1000 - 1200	RNs/DNs/ARC/ENs	
Wednesday 24	Clinical Skills: Meeting the Needs of Māori in Palliative Care	1600 - 1715	Health Care Professionals & Support Workers	No charge
August				
Thursday 1	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge
Friday 2	Palliative Care for Caregivers Day 1 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
Friday 9	Palliative Care for Caregivers Day 2 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
Tuesday 13	Clinical Skills: Effective Communication for Carers	1600 - 1715	Health Care Professionals & Support Workers	No charge
Friday 16	Palliative Care for Caregivers Day 3 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
Wednesday 21	ARC Syringe Driver (Motueka)	1300 - 1500	RNs/DNs/ARC/ENs	

Calendar 2024

August (Continued)	Workshop	Time	Target Audience	Cost (incl. GST)
Friday 23	Palliative Care for Caregivers Day 4 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
September				
Thursday 5	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge
Tuesday 17	ARC Syringe Driver	1000 - 1200	RNs/DNs/ARC/ENs	
Thursday 19	Supporting Carer Needs in Palliative Care	0900 - 1500	All Health Care Providers in all settings	\$80
	Clinical Skills: Communicating Effectively in Palliative Care	1600 - 1715	Health Care Professionals & Support Workers	No charge
October				
Thursday 3	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge
Wednesday 9	Rural District Nurses	1230 - 1630	Rural District Nurses	No charge
Tuesday 15	ARC Syringe Driver	1300 - 1500	RNs/DNs/ARC/ENs	
Wednesday 23	Clinical Skills: Diversity & Equity	1600 - 1715	Health Care Professionals & Support Workers	No charge
Tuesday 29	Supporting Rural Communities in Palliative Care	0900 - 1500	Palliative Care Providers in Rural Communities	\$80
November				
Tuesday 5	Palliative Care for Caregivers Day 1 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
Thursday 7	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge
Tuesday 12	Palliative Care for Caregivers Day 2 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
Thursday 14	Te Whatu Ora Syringe driver	1300 - 1430	Te Whatu Ora NZ Nelson Marlborough Nurses	No charge
Tuesday 19	Palliative Care for Caregivers Day 3 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
Wednesday 20	Clinical Skills: Meeting Palliative Care Needs in Rural Communities	1600 - 1715	Health Care Professionals & Support Workers	No charge
Tuesday 26	Palliative Care for Caregivers Day 4 of 4	1000 - 1200	Health Care Assistants, Support Workers & Caregivers	No charge
Wednesday 27	ARC Syringe Driver	1000 - 1200	RNs/DNs/ARC/ENs	
December				
Wednesday 4	ARC Syringe Driver (Motueka)	1300 - 1500	RNs/DNs/ARC/ENs	No charge
Thursday 5	Hospice New Zealand Palliative Care Lecture Series (Webinar)	0730 - 0830	Health Care Professionals	No charge



Calendar 2024

January

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
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March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
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24	25	26	27	28	29	30
31						

April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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7	8	9	10	11	12	13
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May

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June

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July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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21	22	23	24	25	26	27
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August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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29	30					

October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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20	21	22	23	24	25	26
27	28	29	30	31		

November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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3	4	5	6	7	8	9
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

December

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

2024 Public Holidays

Mon 1 Jan	New Year's Day	Fri 29 Mar	Good Friday	Mon 28 Oct	Labour Day
Tue 2 Jan	Day after New Year's Day	Mon 1 Apr	Easter Monday	Mon 4 Nov	Marlborough Anniversary Day
Mon 22 Jan	Wellington Anniversary Day	Tue 2 Apr	Southland Anniversary Day	Fri 15 Nov	Canterbury Anniversary Day
Mon 29 Jan	Auckland Anniversary Day	Thu 25 Apr	Anzac Day	Mon 2 Dec	Chatham Islands Anniversary Day
Mon 29 Jan	Nelson Anniversary Day	Mon 3 Jun	King's Birthday	Mon 2 Dec	Westland Anniversary Day
Tue 6 Feb	Waitangi Day	Fri 28 Jun	Matariki	Wed 25 Dec	Christmas Day
Mon 11 Mar	Taranaki Anniversary Day	Mon 23 Sep	South Canterbury Anniversary Day	Thu 26 Dec	Boxing Day
Mon 25 Mar	Otago Anniversary Day	Fri 25 Oct	Hawkes' Bay Anniversary Day		

