

## Work on new building underway

**It's exciting times at the Nelson Tasman Hospice as work has started on the new building site in Suffolk Road, Stoke with completion due at the end of 2018.**

It's the biggest project the hospice has embarked upon in its 30-year history.

Plans for the building had been drawn up because the hospice had reached an important crossroad in the free service provided to the community across the region.

We needed a new home on a new site and there are four interconnected reasons for this.

- It is a well known statistic that people are living longer. We are already providing services to an ever growing number of senior citizens. The numbers will only get bigger.
- We also wish to respond to meet our community's growing and changing needs in the 21st century. Our services are increasingly for all age groups and diverse circumstances.
- We need a new home, with all our facilities on one site, including better configurations of patients' rooms, better provision for our significant outreach service, better space for families, better space for staff and volunteers.
- We have been asked to leave our current site because of the anticipated growth of the Manuka Street private hospital facilities.

So it is time for a new home for an integrated hospice service, under one roof.

The total estimated cost of the new home for hospice is \$11.5 million.

The hospice is contributing \$7.5 million to the project and that leaves \$1.5 million to raise through grants and in-kind donations on the build and \$2.5 million from the community.

We have received two significant grants - \$556,366 from Pub Charity and \$250,000 from the Rata Foundation for which we are extremely grateful.

The money from the community is expected to be raised through naming rights and other significant giving, events, auctions and donations.

We need the public's help to raise the rest of the funds for this community project.

If you want to help, you can fill out a form on the back page and send it back to us or organise an event and donate the money to the new build.

We appreciate the amount of support that has been given to the hospice. Without it we would not be able to provide the level of service we do.

*Paul McIntyre, Fundraising and Marketing Manager*



### Building progress

To keep up to date with how the building is going, visit our website, [www.nelsonhospice.org.nz](http://www.nelsonhospice.org.nz) or like us on Facebook, <https://www.facebook.com/NelsonTasmanHospice/>

## Hospice Facts:

### At a glance:

**155** – average number of patients in our care at any one time

**28%** - increase in referrals to Nelson Tasman Hospice since 2013

**367** – number of admissions to hospice services in 2016/2017

**70%** - number of patients who die in their homes, including aged care facilities or in hospital

**50%** - number of patients who have cancer

### New building in Suffolk Rd, Stoke

Estimated cost: **\$11.5m**

Money raised: **\$7.5m**

Grants/in kind donations: **\$1.5m**

Money needed from the community: **\$2.5m**

**How to donate:** [www.nelsonhospice.org.nz/donate](http://www.nelsonhospice.org.nz/donate)





## Hospice welcomes palliative medicine specialist

Nelson Tasman Hospice's first palliative medicine specialist Dr Jodie Battley says hospice is becoming involved with patients much earlier in their end-of-life journey.

That allows staff to build relationships with patients and their families.

"The big message is that we can help you live well with limited time, it's all about quality of life."

Jodie intends to focus on developing the service in the community and visiting rural clinics. She also hopes to implement a consult-based service at Nelson Hospital.

Jodie says the research shows that early integration of palliative care with oncology and other services means better outcomes for people.

"These patients do better in terms

of quality of life, symptom control and satisfaction with their care."

She says her role is to develop the "excellent team" into a specialist service with a variety of functions, including providing education and support to GPs, hospital specialists and aged care facilities.

Born and raised in New Zealand, Jodie studied at Otago Medical School and worked in Ireland for 10 years, first in oncology before specialising in palliative medicine in 2016.

The specialty interested her because of its potential.

"I think it was seeing what is possible and knowing that just because a person has a diagnosis that is going to shorten their life, doesn't necessarily mean it defines them."

The most enjoyable part of her role is

the chance to work with patients and their families.

Specialist palliative care is increasingly in demand, she says.

"Our referrals here have gone up by 28 per cent in the last four years so that really shows that we are increasingly needed but also the great faith that the community has in hospice."

With the new hospice building, the service is about to undergo a significant change.

"We are on the verge of something really exciting moving to the new unit, it is a great time to be involved in that change and drive other potential areas of development."

*Samantha Gee for the Nelson Mail*

## New general manager for hospice shops

The hospice shops' new general manager is using his corporate world experience to help keep the stores vibrant, well-stocked, great places to nab a bargain.

Brad Turner, who has a background in retail business consultancy, took over the role in July, after Karen Mackenzie-Howe took a step back to focus on managing the Richmond store.

Brad, 32, says he is still learning the business.

"I'm really in a stage of discovery at the moment. I'm learning from the store managers."

He says the second-hand business is very competitive.

"Within Richmond, for instance, there are six to eight other second-hand stores. So it's about branding and it's about quality. We sort very carefully."

Brad has registered the Motueka and Takaka stores with Google (Nelson and

Richmond stores were already registered, thanks to a volunteer) which means customers can find the stores online, can get



directions and give feedback.

Computers have also been installed at all shops, so that staff can do their own printing, email and so on. "In this day and age, it's such an important thing," Brad says.

The Queen Street upgrade in Richmond has been a big challenge to the store there with decreased foot traffic and general access. "Any donations or support we can have - in any stores would be great - but particularly in Richmond it would be a big boost," Brad says.

Outside of this half-time role, Brad also runs a B&B with his wife, five-year-old daughter and twin four-year-old boys in Motueka and occasionally works at a sawmill.

He says it's been a positive move for him to start working within an organisation that cares for its people - staff, volunteers and patients.



## Hospice 'life-changing' for Andy Pui

Andy Pui lived with ill health for years after being diagnosed with rheumatic fever. As his condition became terminal, the hospital told him there was little more they could do.

So in March, he visited the Nelson Tasman Hospice for the first time. He said the experience was "life-changing".

"I should have come in here a long time ago, maybe I wouldn't be so worn out."

Pui, 54, said he had been unwell for most of his life.

Alongside the rheumatic fever, he had lost a leg and had open heart surgery.

His other organs including his kidney, liver and lungs had begun to fail due to the strain on his heart.

He said it had been frustrating going to different places and not getting the right support or medication, but that changed when he engaged with hospice.

Pui is visited at home twice a week by community nurses and also stayed at the hospice for respite care. It means his visits to hospital are less frequent.

"You just need that little bit more support so you don't get sick again so quick."

Pui and his partner Anna Henare have five kids between them. The youngest, Morehu, is eight years old. He was thankful hospice

care extended to his family as it allowed them to spend quality time together, to have discussions about the future and share meals.

Morehu often spent time at the hospice after school and she wrote a letter to staff to thank them for caring for her dad.

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"Dear staff, you are the best people I have ever met," the letter read.

"I think it's so cool, I wanna live here," Morehu said. "I like how there is yummy chocolate cake and creamed porridge."

*Samantha Gee for the Nelson Mail*



## Watch the video

If you haven't checked this out, then visit [www.nelsonhospice.org.nz](http://www.nelsonhospice.org.nz) to watch it.

It began when the delightful 9 year-old Morehu wrote a beautiful card, thanking staff for looking after her dad, Andy Pui, as well as the Milos and cakes the staff gave her.

We thought it would be a good starting point for a video to illustrate the work the staff do at the hospice and in the community.

Fundraising and marketing assistant Laura Irish wrote the script and Doug Brooks from Brooklight shot and produced it.

## What a fantastic year it's been

You will have read about our new Palliative Medicine Specialist - Jodie Battley as well as Brad Turner our new General Manager for our 5 shops. In addition, Paul McIntyre has joined our team as the Fundraising and Marketing Manager and has already achieved great results with some big donations and grants for our new hospice building in Stoke.

The concrete slab is due to be poured in the coming weeks, so we are now seeing some very visible results on site.

Our staff are excited about the prospect of working in a purpose built facility.... roll on 2018.

As you can imagine we do need everybody's support to raise enough funds for this very special building, from where we will be able to deliver a service that is continually getting better and more specialised.



Finally, our wonderful staff and volunteers continue to amaze me with the fantastic work that they do 24 hours per day 7 days a week.

The hospice service is very special and we certainly cannot do it without the communities fantastic and ongoing support.

*Frans Dellebeke*

*Nelson Tasman Hospice CEO*



## Trees of Remembrance

From November 16 until December 24, all Farmers stores throughout New Zealand will be raising funds for their local hospice. All funds donated in Nelson Tasman stay in our region.

The campaign reflects the community-based nature of hospice services and the sense of connection that Farmers has in the community.

There are two ways that people can support hospice at Farmers stores - via the Tree of Remembrance or by purchasing a specially designed, hand-painted Christmas tree bauble.

During December, Trees of Remembrance will be at Richmond Mall, New World Stoke, Countdown Vanguard St and House of Travel in Motueka. Stop and say hi to the volunteers, and remember a loved one by hanging a card on the tree.

## Steampunk event raises \$50,000

It was Sci-Fi meets Victorian era at a Big Night Out in July which raised \$50,000 for the new build.

The hospice fundraising committee of Nikki Cooper, Lynette Orrah, Pamela White, Carolyn Callister and Robyn Neil (pictured below), organised the event to raise funds for the new facility in Stoke.

Nikki Cooper says it was great to see how the 225 revellers embraced the genre and got dressed up.

The event included a three-course meal, an auction and silent auction that included 23 items, a raffle and prizes for best dressed man and woman before Headrush, a four-piece band from Christchurch, got everyone on the dancefloor.

The huge success of the night was due to the generosity of businesses and sponsors and support from everyone at the event.

If you missed out, no need to worry as the committee is planning to repeat the event in August 2018.



## Yes! I would like to support the work of the Nelson Tasman Hospice Trust in our community.

Complete this donation form and post it to the address below. Or you can donate online at [www.nelsonhospice.org.nz](http://www.nelsonhospice.org.nz)

\$10  \$20  \$30  \$50  \$100  \$.....

I am paying by:  Cheque (Please make payable to Nelson Tasman Region Hospice Trust)  Mastercard  Visa

Credit card No           Name:..... Expires:../../...

Address:..... Phone:.....

Post completed form with donation to: Nelson Tasman Region Hospice Trust, PO Box 283, Nelson 7040.

Names and addresses are held in accordance with the Privacy Act 1993 and are only used for Nelson Tasman Hospice purposes. If you do not want to be informed about the Nelson Tasman Region Hospice Trust please contact the Hospice Office Ph: 03 546 3923.