Palliative Care Education and Training Programme

2017

For Health Professionals

Nelson Tasman Hospice to care always

Please return to:
A copy of this training programme booklet can be downloaded from our website

www.nelsonhospice.org.nz
Our Vision

To care always
All people in the Nelson Tasman community have access to high quality compassionate palliative care.

Our Mission Statement

To assist patients to make the most of the life that remains and to ensure that patients die comfortably, with dignity and in the place of their choice. To provide support and care for the family and close friends during the patient's illness and in bereavement.

We express our mission statement through these values:

Our Values

Respect and Dignity

Respect and dignity commits us to honour the autonomy and worth of all people and to work within a model of partnership. This requires us to acknowledge that each person is unique with their own physical, emotional, spiritual and cultural strengths and needs.

Advocacy

Advocacy encourages us to ensure that there is fairness and equity of access and care to our services for everyone in our community. It also means that we have supportive networks to ensure all voices are heard and individual rights are upheld.

Compassion

Compassion compels us to be sensitive and supportive to one another - patients, families whānau, friends, staff, volunteers and colleagues.

Quality

Quality demands a commitment to excellence through sharing knowledge, skills and expertise with other health care providers and each other. We strive to provide best practice (competent care) through ongoing quality improvement in all aspects of our work.

Trust

Trust underpins our values of compassion, quality, advocacy, respect and dignity by ensuring that we sustain a commitment to integrity and honesty.

To Care Always ~ Atawhāhia, Manaakihia Mō Ake Tōnu
## Nelson Tasman Hospice Trust, Vision and Mission Statement

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Specialist palliative care educators of Nelson Tasman Region Hospice Trust have a shared responsibility and commitment to provide education, mentoring and support to generalist palliative care providers to enable those with life limiting illnesses to access equitable palliative care regardless of their context of care.

The aim is to provide and promote evidence based knowledge, skills and attitude to meet the needs of palliative care patients, families and whānau in any healthcare context.

Education and training is provided in a supportive environment that meets the needs of health workers working across the range of sectors and services providing palliative and end of life care. This includes Hospice NZ programmes that have been developed to ensure nation wide consistency in palliative care education.

The learning activities and methods we use provide an opportunity for exploratory and collaborative learning and we encourage participation and interaction from the course participants.

As a specialist service we also negotiate targeted onsite training for a range of Health Professionals and allied health workers in all health care settings including aged residential care, home care support agencies, hospital, general practice and rural areas.

Education team: (left to right)
Sara Dugdale, RN, Clinical Nurse Educator
Annie Wallace, RN, Clinical Nurse Educator
Jane Russell, RN, Clinical Nurse Educator
Barb Thomas, Education Support

Contact Details:
Nelson Tasman Hospice Education Team
Eden Villa, 46 Manuka Street, Nelson
PO Box 283 Nelson 7040
Phone: (03) 546 3910 Fax: (03) 545 6695
www.nelsonhospice.org.nz
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Annie Wallace annie.wallace@nelsonhospice.org.nz
Jane Russell jane.russell@nelsonhospice.org.nz
Barb Thomas barb.thomas@nelsonhospice.org.nz

Printing of this programme book is kindly sponsored by Fuji Xerox, Nelson
Thank you
The competency and update workshops provide the knowledge and practical skills required to manage a subcutaneous syringe driver in the practice setting and a knowledge of medicines for end of life symptom management. Successful completion of a practical assessment and a written test is required for certification.

** Note: For NMDHB staff the programme will include the ilearn subcutaneous medication package. See dates below for DHB staff training.

This programme has been designed for Registered Nurses but Enrolled Nurses can attend subject to their scope of practice. A work book is sent out one week prior to the workshop, registrations are essential.

Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

### Dates for ARC below:
**Venue: Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson**
For ARC facilities the Hospice NZ Syringe driver competency will be delivered.

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<th>Month</th>
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<td>January</td>
<td>Wednesday 18th</td>
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<td>June</td>
<td>Wednesday 7th</td>
<td>10.30am – 12.00pm</td>
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<tr>
<td>July</td>
<td>Tuesday 25th</td>
<td>3.00pm – 4.30pm</td>
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### Dates for NMDHB below (DHB Staff only)
**Venue: Nelson Hospital, Medical Unit Seminar Room**

**NMDHB** staff are required to complete the DHB practical competency session and DHB on line subcutaneous medication course for full DHB competency.

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<th>Month</th>
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<td>January</td>
<td>Thursday 26th</td>
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Genesis Palliative Care Lecture Series

This education opportunity is designed for healthcare professionals with an interest in palliative care. The lectures are delivered via teleconference with a PowerPoint presentation that the speaker takes participants through.

The lectures take place on the first Thursday of every month from February to December from 7.30 to 8.30am and are free of charge to attend.

Nelson Tasman Hospice is one of the registered sites that facilitates these lectures via teleconference and health colleagues are very welcome to join us.

Registration is not required and these sessions are free to attend. Just turn up on the morning. Certificate of attendance is provided.

If you would like more information about these lectures please contact us at the email addresses below or phone (03) 546 3950.

Nelson Tasman Hospice Education Team

Jane Russell, RN, Clinical Nurse Educator  jane.russell@nelsonhospice.org.nz
Annie Wallace, RN, Clinical Nurse Educator  annie.wallace@nelsonhospice.org.nz
Sara Dugdale RN, Clinical Nurse Educator  sara.dugdale@nelsonhospice.org.nz
Barb Thomas, Education Support  barb.thomas@nelsonhospice.org.nz

- **Dates:** The first Thursday of every month from February – December
- **Time:** 7.30am – 8.30am
- **Cost:** No fee. This series is proudly supported by Genesis Oncology Trust.
- **Venue:** Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson (The fawn coloured 2 Storey colonial building on the corner of Tasman & Manuka Street)
- **Phone:** 03 546 3950
These are ten learning modules that will be delivered over 4 sessions of 3 hours each onsite at Nelson Tasman Hospice. The programme is developed for all staff registered and unregistered, including administration and support staff working either in a residential care facility or in the community.

The requirements of the participants include a self-learning commitment and pre and post session learning activities. Attendance at all sessions is recommended, however certificates will be awarded for each session when the learning activities are completed.

**There are a total of 4 sessions: Rescheduled dates:**

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<th>Month</th>
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<th>Session</th>
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<tr>
<td>February</td>
<td>Wednesday 15th</td>
<td>1.00pm – 4.00pm</td>
<td>Session 1</td>
<td>Essence of Palliative Care</td>
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<td>Ethical issues in Palliative Care</td>
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<td>March</td>
<td>Wednesday 15th</td>
<td>1.00pm – 4.00pm</td>
<td>Session 2</td>
<td>Communication Skills</td>
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<td>Pain &amp; Symptom Management</td>
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<td>April</td>
<td>Wednesday 12th</td>
<td>1.00pm – 4.00pm</td>
<td>Session 3</td>
<td>Palliative Care for people with Chronic Illness</td>
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<td>Palliative Care for people with Dementia</td>
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<td>Last Days of Life</td>
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<tr>
<td>May</td>
<td>Wednesday 10th</td>
<td>1.00pm – 4.00pm</td>
<td>Session 4</td>
<td>Loss &amp; Grief</td>
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<tr>
<td>August</td>
<td>Wednesday 9th</td>
<td>10.00am – 1.00pm</td>
<td>Session 1</td>
<td>Essence of Palliative Care</td>
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<td>Ethical issues in Palliative Care</td>
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<tr>
<td>September</td>
<td>Thursday 7th</td>
<td>10.00am – 1.00pm</td>
<td>Session 2</td>
<td>Communication Skills</td>
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<td>Pain &amp; Symptom Management</td>
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<tr>
<td>October</td>
<td>Wednesday 4th</td>
<td>10.00am – 1.00pm</td>
<td>Session 3</td>
<td>Palliative Care for people with Chronic Illness</td>
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<td>Palliative Care for people with Dementia</td>
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<td>Last Days of Life</td>
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<tr>
<td>November</td>
<td>Thursday 2nd</td>
<td>10.00am – 1.00pm</td>
<td>Session 4</td>
<td>Loss &amp; Grief</td>
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<td>Caring for Ourselves</td>
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<td>Spirituality</td>
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**Maximum of 14 attendees per session**

To register email: barb.thomas@nelsonhospice.org.nz or fill in the form provided on page 27.

- **Cost:** No fee
- **Registration is essential:** Max 14 Attendees per session
- **Venue:** Nelson Tasman Hospice, Eden Villa, 46 Manuka St Nelson
- **Phone:** (03) 546 3950
- **Please provide email & postal address for pre reading books to be sent.**

Other course dates of 90 minute sessions can be negotiated for individual Aged Care Residential Facilities or Home Care Support Services. Please contact one of the education team to organise.
Clinical Skills Series in Palliative Care

Facilitated by Nelson Tasman Hospice a series of clinically focused sessions to upskill Health Professionals working in palliative care.

This series will use a case review model.

Assessment and management of:

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<td>Delirium &amp; restlessness</td>
<td>Thursday 19th January</td>
<td>4.00pm - 5.15pm</td>
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<tr>
<td>Nausea &amp; vomiting</td>
<td>Thursday 16th February</td>
<td>4.00pm - 5.15pm</td>
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<tr>
<td>Nutrition &amp; hydration</td>
<td>Thursday 9th March</td>
<td>4.00pm - 5.15pm</td>
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<tr>
<td>Wound management</td>
<td>Thursday 6th April</td>
<td>4.00pm - 5.15pm</td>
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<tr>
<td>Oral and bowel care</td>
<td>Tuesday 9th May</td>
<td>4.00pm - 5.15pm</td>
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<tr>
<td>Palliative care emergencies</td>
<td>Tuesday 30th May</td>
<td>4.00pm - 5.15pm</td>
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<tr>
<td>Anxiety in palliative care</td>
<td>Tuesday 7th June</td>
<td>4.00pm - 5.15pm</td>
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<tr>
<td>Basic pain assessment</td>
<td>Tuesday 20th June</td>
<td>4.00pm - 5.15pm</td>
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<tr>
<td>Respiratory</td>
<td>Wednesday 12th July</td>
<td>4.00pm - 5.15pm</td>
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Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

- **Cost:** No fee
- **Target audience:** RN’s & EN’s
- **Registration is essential:** Max 14 Attendees per session
- **Venue:** Nelson Tasman Hospice, Eden Villa, 46 Manuka St Nelson
This workshop is open to all registered health professionals who work, or have an interest in palliative care, both in the hospital and primary health settings.

Good pain management is essential to palliative care and the purpose of this seminar is to advance participants knowledge and skills on complex pain management in palliative care.

It is a participatory workshop.

❖ Pre reading and reflection on this workshop will be required

Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

❖ Date: Wednesday 8th February
❖ Time: 12.30-4.00pm
❖ Cost: $20.00 ½ Day
❖ Target audience: All Health Professionals
❖ Registration is essential: Max 20 Attendees
❖ Venue: St Mary’s Church, St Mary’s Parish Meeting Room, 18 Manuka Street, Nelson
Master Class for Pharmacists

Date: Thursday 2nd March
Time: 6.00pm - 9.00pm
Cost: $20.00
Target audience: Pharmacists
Registration is essential: Max 20 Attendees
Venue: St Mary’s Church, St Mary’s Parish Meeting Room, 18 Manuka Street, Nelson

This forum will focus on the pharmacists role in palliative care and what makes a difference.

Key topics will include:

- Use of off licence medication in palliative care
- Deprescribing
- Challenges of analgesia management for the palliative patient
- Patient and family education and communication

Register via email: barb.thomas@ Nelson Hospice Values — Respect and Dignity | Advocacy | Compassion | Quality | Trust hospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.
Endorsed by Hospice New Zealand

To provide the knowledge and skills that enables carers to provide excellent palliative care to those they care for.

The sessions will include:

- Principles of palliative care
- Supporting patients and their families with a palliative approach to care
- Emotional, spiritual and cultural care
- The last days of life
- Understanding loss and grief

Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

- Target audience: Health Care Assistants
- Registration is essential: Max 10 Attendees
- Cost: No fee for all 4 sessions. Participants must attend all 4 sessions to gain the Hospice NZ certificate
- Venue: Nelson Tasman Hospice, Allied Health, (behind Eden Villa) 46 Manuka St Nelson

Tuesdays – Sessions 1 - 4

1. 7th March Time: 10.00am-12.00pm
2. 21st March 10.00am-12.00pm
3. 4th April 10.00am-12.00pm
4. 18th April 10.00am-12.00pm
This study day is open to all Health Professionals.

It will explore the often difficult transition to palliative approach to care for people with advancing dementia and has been designed for clinical health professionals working with palliative patients and their family/whānau.

The session will include:
- Effects of advancing dementia on the person
- Facilitating discussions on future and end of life care
- The deterioration of physical conditions. Assessing and managing deteriorating symptoms including pain.
- Maintaining person centered holistic care.
- Caring for people as they approach the end of life.

Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.
This study day is facilitated by Nelson Tasman Hospice education team and is open to all registered Health Professionals who work or have an interest in palliative care, both in the hospital and primary care settings.

**It will focus on issues for those requiring a palliative approach to care living with:**

- Prostate Cancer
- Bladder Cancer
- End stage renal conditions

It will provide a holistic overview of the impact of living with these conditions in palliative stage and best practice management including:

- Relevant pathophysiology
- Treatment options & decision making
- Body image and issues of intimacy
- Symptom management
- Social and family/whānau implications

**Register via email:** [barb.thomas@nelsonhospice.org.nz](mailto:barb.thomas@nelsonhospice.org.nz) or fill in the registration form on page 27. Phone 03 5463 950 for further information.
Care of the Imminently Dying

This seminar is focused on best practice principles for holistic care of the dying person and supporting their family/whānau.

There will be discussion around the challenges in ‘diagnosing dying’ and the importance of working as part of a multidisciplinary team.

- Dates & time below
- Pre reading is required.

Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

- Date: Tuesday 18th April & Wednesday 23rd August
- Time: 4.00pm – 5.30pm
- Cost: No fee
- Target audience: All Health Professionals
- Registration is essential: Max 14 Attendees per session
- Venue: Nelson Tasman Hospice, Eden Villa, 46 Manuka St Nelson

“I am more comfortable with the dying process and how to better communicate with the patient/families/whānau ”
These workshops provide an opportunity for Rural District Nurses to explore challenges of palliative care in rural context.

**Motueka**
- **Dates:** Wednesday 19th April & Wednesday 25th October
- **Time:** 12.30pm – 4.30pm
- **Cost:** No fee
- **Target audience:** Rural District Nurses
- **Facilitators:** Nelson Tasman Hospice Clinical Nurse Educators, Jane Russell & Annie Wallace
- **Venue:** Motueka DN’s Office, Courtney Street, Motueka

**Murchison**
- **Date:** Monday 1st May & Thursday 16th November
- **Time:** 10.30am – 2.30pm
- **Cost:** No fee
- **Target audience:** RN’s, EN’s, HCA’s
- **Facilitators:** Nelson Tasman Hospice Clinical Nurse Educators, Jane Russell & Annie Wallace
- **Venue:** Motueka DN’s Office, Courtney Street, Motueka

For further information please contact one of our education team via email or phone (03) 546 3950

Jane Russell, RN, Clinical Nurse Educator  jane.russell@nelsonhospice.org.nz
Annie Wallace, RN, Clinical Nurse Educator  annie.wallace@nelsonhospice.org.nz
Sara Dugdale, Clinical Nurse Educator  sara.dugdale@nelsonhospice.org.nz
Barb Thomas, Education Administrator  barb.thomas@nelsonhospice.org.nz
This workshop is an introduction to the foundations of spiritual care for those nearing end of life.

Spiritual distress at end of life has the potential to impinge on physical and psychological wellbeing, thereby decreasing quality of life.

It will explore:

- Awareness of your own spirit
- Sources of spiritual distress
- Assessment of spiritual need
- How to manage conversations and provide spiritual support within scopes of practice

Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

- **Date:** Wednesday 26th April
- **Time:** 1.00pm – 4.00pm
- **Cost:** $20.00
- **Target audience:** All Health Professionals
- **Registration is essential:** Max 20 Attendees
- **Venue:** St Mary’s Church, St Mary’s Parish Meeting Room, 18 Manuka Street, Nelson
The aim of this workshop is:

- To increase self awareness of own strengths and areas for ongoing development when communicating with patients, family, whānau in palliative care context.

- To increase competence and confidence in a range of skills and interactions that underpin effective communication when working with people with life limiting illness, their families and whānau.

- Pre reading and reflection on this workshop will be required.

Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.
This workshop is open to all practice nurses.

The aim is to share knowledge and skills in supporting the patient with palliative care needs in primary health.

**The workshop will focus on:**

- What is a palliative approach to care and a Practice nurse’s role
- Medication needs in symptom management
- Psychosocial impacts of living with life limiting illness
- Advance Care Planning

**Register via email:**  [barb.thomas@nelsonhospice.org.nz](mailto:barb.thomas@nelsonhospice.org.nz) or fill in the registration form on page 27. Phone 03 5463 950 for further information.

- **Date:** Wednesday 17th May
- **Time:** 6.00pm – 9.00pm
- **Cost:** $20.00
- **Target audience:** Registered Nurses
- **Registration is essential:** Max 20 Attendees
- **Venue:** St Mary’s Church, St Mary’s Parish Meeting Room, 18 Manuka Street, Nelson
This study day is open to all Health Professionals.

It will explore the often difficult transition to palliative approach to care for people with advancing dementia and has been designed for clinical health professionals working with palliative patients and their family/whānau.

**The session will include:**

- Effects of advancing dementia on the person
- Facilitating discussions on future and end of life care
- The deterioration of physical conditions. Assessing and managing deteriorating symptoms including pain.
- Maintaining person centered holistic care.
- Caring for people as they approach the end of life.

**Register via email:** [barb.thomas@nelsonhospice.org.nz](mailto:barb.thomas@nelsonhospice.org.nz) or fill in the registration form on page 27. Phone 03 5463 950 for further information.
This workshop is open to all registered health professionals. This is a clinically focused session to further Health professionals understanding of pharmacological ‘red flags’ in Palliative Care and how we can improve quality of life through effective medication management and communication.

Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

- **Date:** Wednesday 9th August
- **Time:** 4.00pm – 5.00pm
- **Cost:** No fee
- **Target audience:** All registered health professionals
- **Registration is essential:** Max 14 Attendees
- **Venue:** Nelson Tasman Hospice, Eden Villa, 46 Manuka Street, Nelson
End of Life Decision Making

This workshop is open to all Health Professionals

This workshop will explore advancing treatment options and living longer with illnesses (and potentially poorer quality of life) that can present many challenges for people, family and whānau.

**Topics will include:**

- Advance care planning
- Physician assisted suicide and euthanasia-ethical and cultural issues
- Enduring power of attorney and legal issues
- Communication skills

**Register via email:** barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

- **Date:** Wednesday 16th August
- **Time:** 1.00pm – 4.00pm
- **Cost:** $20.00
- **Target audience:** All registered health professionals
- **Registration is essential:** Max 20 Attendees
- **Venue:** St Mary’s Church, St Mary’s Parish Meeting Room, 18 Manuka Street, Nelson
Palliative Approach for People Living with Enduring Mental Illness & or Substance Abuse

This workshop is open to all Health Professionals.

It will be a participatory session exploring the issues and challenges for people with a co-existing mental illness/ substance abuse and a life limiting illness and those involved in their care.

Key topics explored

- Brief overview of severe persistent mental illness (SPMI), mental illness and potential barriers to palliative care
- Challenges in symptom management - physical and psychosocial
- Issues of autonomy and control – ethical challenges
- Maintaining meaningful relationships
- Working to make a difference

Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

- Date: Wednesday 13th September
- Time: 12.30pm – 4.00pm
- Cost: $20.00
- Target audience: All registered health professionals
- Registration is essential: Max 20 Attendees
- Venue: St Mary’s Church, St Mary’s Parish Meeting Room, 18 Manuka Street, Nelson

"Talking is important, even if it is difficult, particularly when it concerns close family"
This workshop is open to all Health Professionals.

It will be a participatory session exploring the issues and challenges of supporting people to maintain quality of life

**Topics explored will include:**

- What do we mean by quality of life in palliative care?
- How might we support people’s quality of life – what is in our kite?
- Sharing of experiences, ideas & resources.

**Register via email:** barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

- **Date:** Wednesday 11th October
- **Time:** 1.00pm – 4.00pm
- **Cost:** $20.00
- **Target audience:** All registered health professionals
- **Registration is essential:** Max 20 Attendees
- **Venue:** St Mary’s Church, St Mary’s Parish Meeting Room, 18 Manuka Street, Nelson

Improving the quality of life of patients and their families/whānau is a central goal of palliative care.
This study day is open to all Health Professionals with an interest in Palliative Care.

It will be a participatory session exploring fundamental ethical issues in palliative care – using a case study approach.

- Autonomy - Decision making and care/treatment options
- Food and fluids at the end of life
- Palliative Sedation
- Justice - Equity of access to palliative care - the ‘Rolls Royce or ‘Mini Minor’ service

Register via email: barb.thomas@nelsonhospice.org.nz or fill in the registration form on page 27. Phone 03 5463 950 for further information.

- Date: Wednesday 8th November
- Time: 09.00am – 12.30pm
- Cost: $20.00
- Target audience: All registered health professionals
- Registration is essential: Max 20 Attendees
- Venue: St Mary’s Church, St Mary’s Parish Meeting Room, 18 Manuka Street, Nelson

“I have an increased awareness of palliative care and my own enthusiasm for researching information has been enhanced”
### Palliative Care Education & Training Calendar 2017

#### Nelson Tasman Hospice

*Hospice Affirms Life ... living every moment*

<table>
<thead>
<tr>
<th>Month</th>
<th>Workshop</th>
<th>Target Audience</th>
<th>Venue</th>
<th>Attendees</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>January</td>
<td>Syringe Driver Training</td>
<td>ARC RN’s &amp; EN’s subject to scope of practice</td>
<td>Nelson Tasman Hospice, Allied Health Building (behind Eden Villa, 46 Manuka St, Nelson)</td>
<td>Max 10</td>
<td>No fee</td>
<td>10.30am–1200pm</td>
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<tr>
<td></td>
<td>Clinical Skills Series: Delirium &amp; Restlessness</td>
<td>RN’s, EN’s &amp; HCA’s</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.15pm</td>
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<tr>
<td></td>
<td>Fundamentals: Session 1 - 4</td>
<td>All staff working in residential care or in the community</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>1.00pm 4.00pm</td>
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<td></td>
<td>NMDHB Syringe driver training – for Nelson Hospital staff</td>
<td>DHB RN’s only</td>
<td>Nelson Hospital. Medical Unit Seminar Room</td>
<td>Max 10</td>
<td>No fee</td>
<td>1.30pm – 2.30pm</td>
</tr>
<tr>
<td>February</td>
<td>Complex Pain Management</td>
<td>All registered Health Professionals</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>12.30pm-4.00pm</td>
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<tr>
<td></td>
<td>Clinical Skills Series: Nausea &amp; Vomiting</td>
<td>RN’s, EN’s &amp; HCA’s</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.15pm</td>
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<tr>
<td>March</td>
<td>Masterclass for Pharmacists</td>
<td>Pharmacists</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>6.00pm – 9.00pm</td>
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<tr>
<td></td>
<td>Palliative care for HCA’s Sessions 1-4</td>
<td>HCA’s/Support workers</td>
<td>Nelson Tasman Hospice, Allied Health Building (behind Eden Villa, 46 Manuka St, Nelson)</td>
<td>Max 10</td>
<td>No fee</td>
<td>10.00am-12.00pm</td>
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<tr>
<td></td>
<td>A Palliative Approach to living with &amp; Dying from Dementia</td>
<td>All registered Health Professionals</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>12.30pm-4.00pm</td>
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<tr>
<td></td>
<td>Clinical Skills Series: Nutrition &amp; Hydration</td>
<td>All registered Health Professionals</td>
<td>Nelson Tasman Hospice, Allied Health Building (behind Eden Villa, 46 Manuka St, Nelson)</td>
<td>Max 10</td>
<td>No fee</td>
<td>4.00pm-5.15pm</td>
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<tr>
<td></td>
<td>Syringe Driver Training</td>
<td>ARC RN’s &amp; EN’s subject to scope of practice</td>
<td>Nelson Tasman Hospice, Allied Health Building (behind Eden Villa, 46 Manuka St, Nelson)</td>
<td>Max 10</td>
<td>No fee</td>
<td>3.30pm-5.00pm</td>
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<tr>
<td></td>
<td>Palliative care in end stage prostate/bladder/renal cancers</td>
<td>All Health Professionals</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$40.00</td>
<td>9.00am-4.00pm</td>
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</table>
# Palliative Care Education & Training Calendar 2017

## April

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop</th>
<th>Target Audience</th>
<th>Venue</th>
<th>Attendees</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 6</td>
<td>Clinical Skills Series: Wounds</td>
<td>RN’s, EN’s &amp; HCA’s</td>
<td>Nelson Tasman Hospice, Tasman House, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.15pm</td>
</tr>
<tr>
<td>Tuesday 18</td>
<td>Care of the imminently dying</td>
<td>All registered health professionals</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.30pm</td>
</tr>
<tr>
<td>Wednesday 19</td>
<td>Clinical skills for rural district nurses (Motueka)</td>
<td>DN’s</td>
<td>Motueka DN office</td>
<td>NA</td>
<td>No fee</td>
<td>12.30pm-4.30pm</td>
</tr>
<tr>
<td>Wednesday 26</td>
<td>Foundations of spiritual care</td>
<td>All registered Health Professionals</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>1.00pm – 4.00pm</td>
</tr>
</tbody>
</table>

## May

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop</th>
<th>Target Audience</th>
<th>Venue</th>
<th>Attendees</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 1</td>
<td>Clinical skills for rural district nurses (Murchison)</td>
<td>RN’s, EN’s, HCA’s</td>
<td>Murchison</td>
<td>Flexible</td>
<td>No fee</td>
<td>10.30am–2.30pm</td>
</tr>
<tr>
<td>Wednesday 3</td>
<td>ARC Syringe Driver Training</td>
<td>ARC RN’s &amp; EN’s subject to scope of practice</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 10</td>
<td>No fee</td>
<td>12.30pm-2.00pm</td>
</tr>
<tr>
<td>Tuesday 9</td>
<td>NMDHB Syringe driver training – for Nelson Hospital staff</td>
<td>DHB RN’s only</td>
<td>Nelson Hospital. Medical Unit Seminar Room</td>
<td>Max 10</td>
<td>No fee</td>
<td>1.30pm – 2.30pm</td>
</tr>
<tr>
<td>Tuesday 9</td>
<td>Clinical skills: Oral &amp; Bowel Care</td>
<td>All registered health professionals</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.15pm</td>
</tr>
<tr>
<td>Wednesday 17</td>
<td>Masterclass for Practice Nurses</td>
<td>RN’s</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>6.00pm-9.00pm</td>
</tr>
<tr>
<td>Wednesday 17</td>
<td>Advance communications</td>
<td>All registered health professionals</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>09.00am-12.30pm</td>
</tr>
<tr>
<td>Tuesday 30</td>
<td>Clinical Skills Series: Palliative Emergencies</td>
<td>RN’s, EN’s &amp; HCA’s</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.15pm</td>
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</tbody>
</table>

## June

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop</th>
<th>Target Audience</th>
<th>Venue</th>
<th>Attendees</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 7</td>
<td>ARC Syringe Driver Training</td>
<td>ARC RN’s &amp; EN’s subject to scope of practice</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 10</td>
<td>No fee</td>
<td>10.30am-12.00pm</td>
</tr>
<tr>
<td>Wednesday 7</td>
<td>Clinical Skills Series: Anxiety in Palliative Care</td>
<td>All registered health professionals</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.15pm</td>
</tr>
<tr>
<td>Tuesday 20</td>
<td>Clinical Skills Series: Basic pain management</td>
<td>All registered health professionals</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.15pm</td>
</tr>
<tr>
<td>Friday 23</td>
<td>NETP (New entry to practice)</td>
<td>RN new Grads</td>
<td>Nelson Hospital Braemar Site</td>
<td>NA</td>
<td>No fee</td>
<td>09.00am-4.00pm</td>
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### July Workshops

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop Description</th>
<th>Target Audience</th>
<th>Venue</th>
<th>Attendees</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 12</td>
<td>Clinical Skills Series: Respiratory</td>
<td>RN’s, EN’s &amp; HCA’s</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.15pm</td>
</tr>
<tr>
<td>Tuesday 25</td>
<td>ARC Syringe Driver Training</td>
<td>ARC RN’s &amp; EN’s subject to scope of practice</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 10</td>
<td>No fee</td>
<td>3.00pm-4.30pm</td>
</tr>
<tr>
<td>Wednesday 26</td>
<td>Palliative approach to living &amp; dying with dementia</td>
<td>All registered Health Professionals</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>09.00am-12.30pm</td>
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### August Workshops

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop Description</th>
<th>Target Audience</th>
<th>Venue</th>
<th>Attendees</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. August 9</td>
<td>Fundamentals: Session 1 - 4 (see page 6)</td>
<td>All staff working in residential care or in the community</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>10.00am-1.00pm</td>
</tr>
<tr>
<td>2. September 7</td>
<td>Pharmacology in Palliative Care</td>
<td>All registered Health Professionals</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.00pm</td>
</tr>
<tr>
<td>3. October 4</td>
<td>Decision making at end of life</td>
<td>All registered Health Professionals</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>1.00pm-4.00pm</td>
</tr>
<tr>
<td>4. November 2</td>
<td>Care of the imminently dying</td>
<td>All registered health professionals</td>
<td>Nelson Tasman Hospice, Eden Villa, 46 Manuka St, Nelson</td>
<td>Max 14</td>
<td>No fee</td>
<td>4.00pm-5.30pm</td>
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### September Workshops

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop Description</th>
<th>Target Audience</th>
<th>Venue</th>
<th>Attendees</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 13</td>
<td>PC for people living with enduring mental illness &amp; or substance abuse</td>
<td>All registered Health Professionals</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>12.30pm-4.00pm</td>
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### October Workshops

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<thead>
<tr>
<th>Date</th>
<th>Workshop Description</th>
<th>Target Audience</th>
<th>Venue</th>
<th>Attendees</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 11</td>
<td>Palliative care &amp; quality of life</td>
<td>All registered Health Professionals</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>1.00pm-4.00pm</td>
</tr>
<tr>
<td>Wednesday 25</td>
<td>Clinical skills for rural district nurses (Motueka)</td>
<td>DN’s</td>
<td>Motueka DN office</td>
<td>NA</td>
<td>No fee</td>
<td>12.30pm-4.30pm</td>
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### November Workshops

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<thead>
<tr>
<th>Date</th>
<th>Workshop Description</th>
<th>Target Audience</th>
<th>Venue</th>
<th>Attendees</th>
<th>Cost</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 8</td>
<td>Ethical issues in Palliative care</td>
<td>All registered Health Professionals</td>
<td>St Mary’s Parish Meeting Room, 18 Manuka St, Nelson</td>
<td>Max 20</td>
<td>$20.00</td>
<td>9.00am-12.30pm</td>
</tr>
<tr>
<td>Thursday 16th</td>
<td>Clinical skills for rural district nurses (Murchison)</td>
<td>RN’s, EN’s, HCA’s</td>
<td>Murchison</td>
<td>Flexible</td>
<td>No fee</td>
<td>10.30am–2.30pm</td>
</tr>
</tbody>
</table>

### December - No workshops

To register for any of these courses or if you would like any more information, email: Barb Thomas, Education Support - barb.thomas@nelsonhospice.org.nz. Phone (03) 546 3950 or fill in the registration form on the next page.
# Course Registration Form

Please use one form per person and fax to **03 545 6695** or register via email **barb.thomas@nelsonhospice.org.nz**

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<th>Name:</th>
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<td>Address:</td>
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</table>

**Current employer (if applicable) & position held:**

<table>
<thead>
<tr>
<th>Name of workshop:</th>
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<tbody>
<tr>
<td>Date of workshop:</td>
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</tbody>
</table>

**Phone:**

**Mobile:**

**Email:** (Required for course confirmation, pre reading & receipt for payment)

**Fee incl. GST:** (Includes light lunch provided for full study days)

**Special dietary requirements:**

Eg: Gluten free, vegetarian, vegan (for full study days)

- Tick if you would like to be added to our email database for upcoming workshops

- Fee enclosed: (if applicable)

- Also payable by direct credit:

  - **Bank Account:** Westpac Nelson Hospice
  - **Nelson Tasman Hospice**
  - **030703 0355924 00**

  In the **reference** field please type your surname & date of course

- This form **MUST** be faxed or emailed to the Hospice Accounts Trust Office at the time of making your payment by direct credit, otherwise your fees may be incorrectly deposited as a donation to the Hospice.

  - **Email:** trust.admin@nelsonhospice.org.nz
  - Alternatively please fax to: **03 546 3913**

---

**Post with fee (if applicable) to:**

- Nelson Tasman Hospice
- Trust Administration Office
- P O Box 283, NELSON

**Email enquiries to:**

- Jane Russell RN, Clinical Nurse Educator
- Annie Wallace, RN, Clinical Nurse Educator
- Sara Dugdale, RN, Clinical Nurse Educator
- Barb Thomas, Education Support

**Form and fee (if applicable) can be dropped off at:**

- Nelson Tasman Hospice
- Trust Administration
- Finance and Allied Health (Behind Eden Villa)
- 46 Manuka Street, NELSON
Notes
Calendar 2017

PUBLIC HOLIDAYS

1 – 3 Jan New Year
30 Jan Nelson Anniversary
6 Feb Waitangi Day
14 Apr Good Friday
16 Apr Easter Day
17 Apr Easter Monday
25 Apr ANZAC Day
5 Jun Queen’s Birthday
23 Oct Labour Day
25 Dec Christmas Day
26 Dec Boxing Day

[Calendar information continued...]

www.nelsonhospice.org.nz
To Care Always ~ Atawhaihia, Manaakihia Mō Ake Tonu

Acknowledgments

Mary Potter Hospice, Wellington & Te Omanga Hospice, Lower Hutt for the concept of this programme booklet

David Chadwick Photography, Nelson, for the photos of some of our staff featured in this book

Fuji Xerox Nelson, for sponsoring the printing of this book.

Thank you

www.nelsonhospice.org.nz